

Why Crystals?

Certain crystals can be of great assistance in establishing angelic contact. These 'angel crystals' are highly spiritual stones that possess metaphysical properties which can help you in connecting with angels, spirit guides, and the Higher Self. They can raise your conscious awareness by raising the vibrational frequency of your physical self to come into tune with your non-physical Higher Self. The higher your consciousness is raised, the easier it becomes to establish communication with those residing at higher planes of consciousness, such as angels, guardians, and spirit guides. These crystals amplify your desire or intent to connect with an angel or spirit guide, thus elevating your Higher Self to within reach of the Spirit Realm where divine contact may be accessed.

One way to use these angel crystals to connect with the angelic realms is through dreams. Put an angel stone under your pillow or hold one in your hand as you drift off to sleep. Have your intention and question placed firmly in the forefront of your mind. Try to keep your mind clear from any other extraneous thoughts, and keep it focused on your intention until sleep takes over.

In general, most angel focused crystals will be colored blue, green, pink/lavender, or white/clear. Most angel stones will work to accomplish three things: calm and ease fears, elevate consciousness, and open the upper chakras. Carry them, wear them, keep them in your meditation space. Keep in mind that the smaller the stone the closer you need to keep it to your body because it will have a smaller energy field.

To work as an Angelic Healer you will need to have crystals with you, you will be inviting the angels into your healing space, their angelic spirit raises the vibrations throughout a room and simultaneously lifts your energy. The crystals will aid your connection to them and likewise their connection to you.

Your crystals will also work with your energy field and whatever/whoever you are working with as they emit an electromagnetic charge which vibrates at a much higher frequency than ours. This energy field works with specific areas of the physical, mental, emotional and spiritual planes creating a lifting effect and an energetic upgrade. One crystal is enough to have, but the more you have the easier it will be. One thing I will say is that when you start connecting with crystals and working with them it becomes a bit like buying shoes, you can never have enough and the bigger the better!

Your crystals will need to be cared for and cleansed every time you work with them as they hold the energy of whatever/whoever they are working with. You can simply cleanse your crystals by holding them under running water (the tap is fine) and saying to yourself "I transmute all negativity to the light", you can also burn white sage around them and best of all put them **outside** in the full moon, they love it !

Angelite



If you're only going to use one crystal or stone for connecting to the angels, this is the one to use. It is actually Blue Anhydrite but known almost exclusively by its metaphysical name, angelite. The name comes from the fact that it carries something of the strongest angelic vibrations of all crystals and stones. Angelite helps to calm the nerves and create a sense of peace that may come up when working with the angels. It helps open up the two main chakras used in angel communication – the third eye and crown chakras. One of the key elements to angel communication is letting go of all blocks that get in the way of your intuitive senses.

Angelite does this perfectly. It is a very gentle crystal, similar to the kindhearted spirit of your guardian angel. It can be used to enter an angelic realm in which answers await questions you wish to ask the universe. The healing properties provided by this crystal include its ability to heighten your awareness increasing your level of divine protection. It is also known to bring spiritual inspiration and stimulate healing energies throughout your body. Angelite is great for bringing angels into your space, especially when you place your faith in your guardian angel and angelite's healing properties.

Keeping angelite with you at all times can help really heal your psychic and spiritual blocks so you can open up to the angels and their guidance in your life.

Larimar



Introduction to the Meaning and Uses of Larimar

Larimar is the embodiment of the tranquil Sea and Sky energies. Its soft, soothing blues and calming turquoise is streaked with white patterns that resemble sunlight dancing beneath Caribbean waters. It brings the ancient wisdom of Atlantis and the healing power of the angels and dolphins to harmonize the body and soul.

Larimar is one of the cardinal Water element stones, yet is born of Fire in its volcanic origins. One of the few crystals to balance the polarities of these energies, Larimar cools tempers and calms fears, relieves stress and nurtures the physical and emotional bodies. It is powerful in meditation and in connecting to the Divine Feminine, and is particularly helpful in releasing emotional bonds, patterns or principles that no longer serve the highest good. A stone of clear communication, it provides the strength and courage needed to speak openly from the heart.

Larimar is also known as the Dolphin Stone, Blue Pectolite, Atlantis Stone, and Stefilia's Stone. Originally discovered in 1916, it was named by the Dominican who re-discovered it in 1974, taking the first letters of his daughter's name, Larissa, and the Spanish word for the sea, mar, to create Larimar.

Larimar Uses and Purposes - Overview

Larimar is a crystal of serenity, promoting relaxation in every aspect. Use as a worry stone, or place in the home or workplace to assure a pleasant atmosphere. Hold as you sit on the seashore, or gaze into the sea-like patterns of the stone, to reconnect with the ebbs and flows of your inner tides. As you sit in a bath surrounded by blue candles, use Larimar to connect with the healing powers of the dolphin through visualization or dolphin call music. Simply wearing Larimar creates a fundamental awareness of the "all-rightness" of the world.

Use Larimar to overcome fear of doctors, hospitals, injections or surgery. It promotes clear and confident communication with health personnel. [

Larimar is a wonderful stone for mothers, during and after pregnancy. It helps in alleviating post-partum depression, and relaxes the stress associated with new parenthood.

As a soothing Water element stone, Larimar cools hot tempers and guides excessive passion

into peace. It may be used to diminish the frequency and intensity of hot flashes, and when one's kundalini energies have become uncomfortably active.

As a crystal of the Throat Chakra, using Larimar in a pendant or laying-on-of-stones treatment will unleash the voice of one's deepest wisdom. Singers may also find Larimar a wonderful talisman for enhancing and protecting the voice.

Larimar is an excellent stone for finding a soulmate. It facilitates the healing of unresolved issues or fears, trauma to the heart, or past-life relationships.

Larimar Healing Therapies – Overview

Larimar Physical Healing Energy

Larimar is particularly helpful for cartilage and throat conditions, and dissolves blockages of the head, neck and chest. It may also be laid on constricted joints or arteries.

As a reflexology tool, Larimar opens the acupressure/acupuncture meridians at the feet allowing for the recognition of which painful spots lead to which areas of the body in order to remove and clear the dis-ease.

Larimar is used to enhance alternative treatments, particularly those involving heat, light, and water. It is an antidote to emotional extremes and helps ameliorate bipolar disorders.

Larimar relieves high blood pressure and stress-related illnesses, and may alleviate excessive Fire element energy such as infection, fever and inflammation. It may also be used to treat skin disorders aggravated by stress, such as hives, rashes, eczema and psoriasis.

Larimar Emotional Healing Energy

Larimar assists in identifying self-imposed limitations and self-sabotaging behavior, especially toward martyrdom, and encourages taking control of one's life. It is particularly useful in admitting guilt, when guilty, and in bringing about a sense of peace in truthfulness.

Larimar is a powerful emotional cleanser and healer, especially for phobias, panic attacks, stress-related imbalances, and excessive anger or fear. It aids in breaking down the walls one has built around the heart for defense, and allows for emotional release and the clearing of deep emotional patterns. It helps one to reconnect to a previous, more natural state of playfulness and joyful childlike energy.

A highly effective stone of the Throat Chakra, Larimar assists in communicating emotions and boundaries in a way others can hear and accept. It teaches the respect, love and nurturing of oneself in order to have the resources to give these gifts to others. It is an excellent crystal for healers and caregivers.

Larimar Chakra Healing and Balancing Energy

Larimar is a stone of tremendous benefit to the Throat Chakra, opening the way for clear communication and the ability to speak openly from the heart.

The Throat Chakra is the voice of the body, in essence, a pressure valve that allows the

energy from the other chakras to be expressed. If it is blocked, or out of balance, it can affect the health of the other chakras. When the throat chakra is in balance and open, it allows for the expression of what we think and what we feel. We can communicate our ideas, beliefs, and emotions, bringing our personal truth out into the world. We have an easy flow of energy within the body and spirit. The energy that springs upward from the lower chakras can continue its path enabling free expression and natural release.

Larimar Spiritual Energy

Connected to the goddess energies of Sea and Sky, Larimar helps women to re-attune to their innate femininity and restore their connection with nature. It emanates vivaciousness, humor, and a sense of one's own power. It helps women to call upon the goddess within to fully manifest their highest purpose in life. It assists men in connecting with their feminine, intuitive and receptive natures.

Larimar is useful in dimensional and cellular work, and is an excellent mineral for purging entities from one's environment and one's corporeal existence. It may also be used for gridding to bring serenity into an environment and to bring a message of loving energy to those of other worlds.

Larimar is a stone for Earth healing. It represents peace and clarity, and emits an energy of healing and love. Placed on the earth, it counteracts earth energy imbalances and geopathic stress.

Meditation with Larimar

Larimar effortlessly induces a deep meditative state, raising consciousness and harmonizing the body and soul to new vibrations. It dissolves the boundaries of spiritual self and allows one's true pathway in life to be revealed. Larimar facilitates angelic contact and communication with other realms.

In meditation, Larimar helps one see and release undesirable attachments, and to disconnect from unhealthy inner bonds to other people or beliefs which no longer serve the better good. It opens the pathway to the "divine stair of ascension" allowing one to leave behind obsolete past commitments.

Larimar is believed to channel ancient wisdom from Atlantis during meditation or sleep.

Larimar and the Angelic Realm

Larimar varies in color from light blue to turquoise. If your birthday falls in any of the following periods, a Larimar of the color listed can be a valuable conduit to your Guardian Angel. The table also provides the name of the Guardian Angel of those born in the time period.

There are other Angels that are partial to Larimar. The information below gives you the information about them.

Gemini.

Blue Caliel

Ruler of Earth/Snow. Blue Shalgriel

Understanding Angel Tree of Life, the Ruler of Saturn, and the Guardian of Thursday.
Blue Tzaphiel
Raguel helps you to Heal Relationships. Lt. Blue Raguel
Protector and Ruler of the dates July 28-August 1;

Leo.

Lt. Blue Haaiah
Protector and Ruler of the dates June 11-15;

Gemini.

Lt. Turquoise Luaviah
Master of the 4th Tarot Card "The Emperor". Lt. Turquoise Malkhidael
Master of the 17th Tarot Card "The Star". Lt. Turquoise Tzakmaqiel
Protector and Ruler of the dates March 21- 25;

Aries.

Lt. Turquoise Vehuah
Master of the 14th Tarot Card "Temperance". And
is associated with Sagittarius.
Turquoise Adnachiel
Guardian of the Sixteenth Mansion of the Moon;

Scorpio.

Turquoise Azeruel
Guardian of the Sixth Mansion of the Moon;

Gemini.

Turquoise Dira
Protector and Ruler of the dates August 23-28;

Virgo.

Turquoise Lecabel
Protector and Ruler of the dates July 12-16;

Cancer.

Turquoise Melahel
Sandalphon is the Kingdom Angel; Tree of Life, the
Master of the 20th Tarot Card "Judgment". He also
Heals Aggressive Tendencies and is known as the
Angel of Glory.
Turquoise Sandalphon

Larimar Goddess Crystals

Crystals of turquoise honor Sophia, the Goddess of Wisdom and contradiction personified. She is the story of being lost then regained, the wisdom of understanding, doubting, and spiritual exploration without dogma.

Larimar Amulets and Talismans

Larimar is a Seeker Harmonizer crystal. Seekers contain a crystal energy structure that aligns the natural energy of the crystal to the natural power of the human mind to find the way to new horizons and new capabilities. They're pointers, directors, and compasses; the fresh start crystals. These are talismans of the scientist, the adventurer, the hunter, wanderer, and explorer. They're also crystals of the student and the researcher.

Harmonisers, called the chain and band silicates, bind together in a long chain, distributing energy in a balanced, long-term way. They encourage efforts aimed at smoothing a path through difficulties, promoting harmonious relationships within a larger group, like family, and a peaceful acceptance of life's inherent situations.

Larimar Feng Shui

Larimar utilizes Water energy, the energy of stillness, quiet strength, and purification. It embodies potentialities unrealized. It is yielding, formless, yet powerful. The Water element brings power of regeneration and rebirth. It is the energy of the circle of life. Use Larimar crystals to enhance any space that you use for repose, calm reflection, or prayer. Water energy is traditionally associated with the North area of a home or room. It is associated with the Career and Life Path area, its flowing energy assuring a balance of energy as your life unfolds and flows.

Larimar in Ancient Lore and Legend

Larimar is sometimes called Atlantis Stone in reference to an ancient prophet's declaration that Atlantis was once part of the Dominican Republic, a claim affirmed by various authorities in metaphysics. He further declared that what made Atlantis great was the beautiful blue stone that carried healing powers. Its description bears an uncanny resemblance to Larimar.